Fitness Solutions for Architects & Construction Industry Professionals

We Align Fitness Solutions with Architectural Vision



Express Fitness Urban

What We Offer

Turnkey Gym Fit-Outs – From layout to launch

Equipment Supply – Commercial-grade, tested, and trusted

Concept Development – For residential, hospitality, corporate and more

Refinement & Retrofits – Upgrade tired or underperforming spaces



Why Architects & QS Teams Choose Us

Seamless Integration

We work alongside your design.



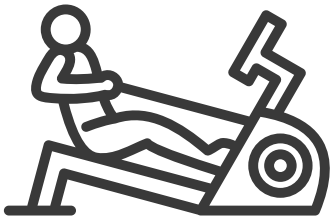
Custom 3D Design

Detailed visualizations for your property layout.



Smart Equipment Choices

High-quality, durable, space-saving, design-conscious. gym equipment.



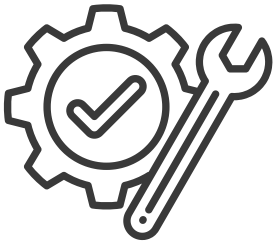
Full Installation

Professional delivery, installation and setup



Ongoing Service & Maintenance

Flexible support packages for long-term performance.

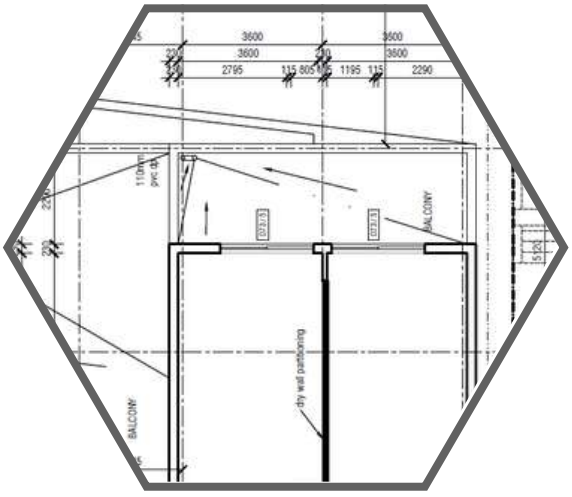


Professional Documentation

Quotes, BOQs, datasheets & compliance material provided.



Allow us to bring your vision to life with Innovative 3D Design



1

Floorplan

Give us the layout specification of your proposed gym



2

2D Design

We will recommend and design a 2D layout



3

3D Design

The 3D environment of your vision



4

Completed Renders

The final 3D images

Custom Personalized 3D Design









Actual Facility Following 3D Design









Express Fitness Urban

All Our Details

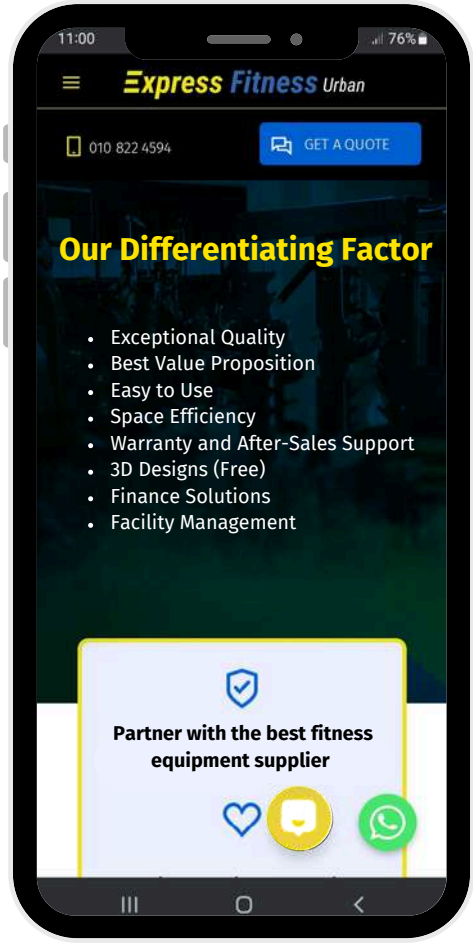
Our Website

0860 888 888

061 755 5555

www.expressfitness.co.za

sales @expressfitness.co.za



Book a consult!

Versatile Home Offering



Treadmill



BioForce Extreme



Spin Bike





Functional Training Equipment

Our Commercial Strength Offering



Value Selectorised



Super Bench



Prestige Selectorised



Dumbbell Rack & Weights



Plate Loaded



Multi Functional Smith Machine

Our Urban Commercial Cardio Offering



Urban Recumbent



Urban Treadmill



Urban Spin Bike



Urban Upright



Urban Elliptical



Urban Curved

Our Hammer, German Engineered Offering



Speed Bike Pro



Treadmill



Recumbent



Autark 10.0



Elliptical

Commercial Grade With Screen Mirroring Technology



Recumbent



Elliptical



Upright



Treadmill